

Caring for a Dental Implant Crown

A Dental Implant is a Medical Device. It is a tooth replacement system that has a unique set of care requirements that differ slightly from real teeth. The soft tissue around the implants and gums, must be exceptionally maintained. Good quality soft tissue helps prevent infections and bone loss around the implant.

- 1. Daily oral home care is essential. A good rotary tooth brush like the Sonicare or Oral B battery operated toothbrushes are good options. Using a waterflosser (such as Waterpik), is very beneficial and recommended. It helps keep tissues healthy. Healthy tissue will support the longevity of the implant. The waterflosser is excellent to flush out the areas around and between the teeth. Do not use the higher settings on the waterflosser Start with the low-pressure settings and gradually increase to moderate pressure. Moderate pressure is most appropriate in and around a dental implant. This complete process of brushing and water flossing should be completed at least twice daily, every morning and every night. This prevents plaque accumulation, bacteria and calculus build up. It is recommended to floss with regular floss as well.
- 2. **Regular check ups**. Regular check ups with your dentist and dental hygienist are just as important to maintain with dental implants, as they are with real teeth. It is important to maintain healthy gum tissue and bone levels around the implant to ensure its longevity.
- 3. **Do not hesitate to contact the office if in doubt.** If you have any questions or concerns, please contact the office at (519) 245-0751. If you are experiencing a concern outside of regular office hours, please call or text our after-hours emergency line at (519) 381-2622.