

Nitrous Oxide Instructions

PLEASE READ PRIOR TO YOUR APPOINTMENT

If you are scheduled for a dental procedure under nitrous oxide sedation, please adhere to the following instructions prior to your appointment:

- 1. **Eating and drinking.** Do not eat or drink anything for 2 hours prior to your appointment.
- 2. **Transportation.** Arranging for a driver to take you home after your procedure is not required. The effects of nitrous oxide sedation wear off instantaneously.
- 3. Medications. You may take your usual medications with small sips of water prior to your appointment.
- 4. Clothing. Please wear a short sleeve shirt to facilitate blood pressure measurement at the start of your procedure.
- 5. **Pregnancy.** If you are, or think that you might be pregnant, you must NOT have any form of sedation.

IF YOU HAVE ANY QUESTIONS CONCERNING YOUR APPOINTMENT, PLEASE CONTACT OUR OFFICE (519) 245-0751.

Friday: 8am - 1pm